



Item Name	Total Calories	Fat Calories	Total Fat	Sat Fat (g)	Trans Fat (g)	Cholesterol	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars(g)	Protein (g)
Mountain High Omelets											
Denver & Tillamook Cheddar Omelet	560	340	37	18	1	705	1260	9	1	5	46
Denver & Tillamook Cheddar Omelet - Lighter Serving	340	210	23	10	0	455	670	5	0	2	26
Crabacado Omelet	760	500	56	23	0	740	1170	9	3	2	56
Crabacado Omelet-Lighter Serving	560	380	42	16	0	485	930	8	3	2	35
Mr. Elmer's Omelet	660	430	47	22	0	715	1220	10	1	4	47
Mr. Elmer's Omelet-Lighter Serving	450	300	34	13	0	470	750	8	1	3	28
Looking For Sun Omelet	770	510	57	24	0	705	2420	10	3	2	56
Looking For Sun Omelet-Lighter Serving	480	320	36	14	0	460	1370	9	3	2	33
Farmer's Omelet	850	510	56	26	0	730	2020	23	2	5	60
Farmer's Omelet-Lighter Serving	520	310	35	15	0	475	1190	15	1	4	35
Garden Vegetable Omelet	620	410	45	21	0	685	560	13	3	5	40
Garden Vegetable Omelet-Lighter Serving	550	370	42	19	0	480	480	13	3	5	32
Classic Ham and Tillamook Cheddar Omelet	580	350	38	18	1	725	1600	7	0	3	50
Classic Ham and Tillamook Cheddar Omelet-Lighter Serving	480	300	34	16	1	500	1180	5	0	2	38
Willamette Valley Omelet	610	380	42	20	0	735	820	12	4	5	48
Willamette Valley Omelet-Lighter Serving	360	230	25	11	0	470	450	7	2	3	27
Choice of:											
Freshly-Baked Buttermilk Biscuit	400	230	25	15	0	40	950	35	1	3	6
Fresh Seasonal Fruit-Bananas, Grapes, Cantaloupe	70	5	0	0	0	0	15	19	2	14	1
Fresh Seasonal Fruit-Bananas, Grapes, Honeydew Melon	80	0	0	0	0	0	15	20	2	15	1
Fresh Seasonal Fruit-Bananas, Grapes, Pineapple	90	0	0	0	0	0	0	23	2	16	1
Hash Browns	410	250	28	5	1	0	320	34	4	0	4
Buttermilk Pancakes - Three	640	260	30	12	0	140	1560	77	2	23	15
The Ranch Breakfast											
Daily's Smokehouse Bacon & Eggs	710	430	47	23	0	425	2090	36	1	3	31
Zenner's Country Pork Sausage Links & Eggs	790	500	56	25	0	465	1700	36	1	3	32
Zenner's Chicken Apple Sausage Links & Eggs	750	440	49	23	0	520	1880	40	2	6	34
Zenner's German Sausage & Eggs	790	440	48	23	0	475	2370	43	2	7	40
Honey-Cured Ham & Eggs	680	360	40	20	0	460	2470	40	1	6	37
Sausage Patty & Eggs	950	660	73	32	0	485	1890	38	1	5	32
Two-Egg Breakfast	550	320	36	19	0	410	1090	36	1	3	19
Choice of:											
Freshly-Baked Buttermilk Biscuit	400	230	25	15	0	40	950	35	1	3	6
Fresh Seasonal Fruit-Bananas, Grapes, Cantaloupe	70	5	0	0	0	0	15	19	2	14	1
Fresh Seasonal Fruit-Bananas, Grapes, Honeydew Melon	80	0	0	0	0	0	15	20	2	15	1
Fresh Seasonal Fruit-Bananas, Grapes, Pineapple	90	0	0	0	0	0	0	23	2	16	1
Northwest Hash Browns	410	250	28	5	1	0	320	34	4	0	4
Buttermilk Pancakes - Three	640	260	30	12	0	140	1560	77	2	23	15
German Pancakes											
Classic German Pancake	770	260	29	15	0	525	470	94	2	38	28
Classic German Pancake Combo (includes eggs)	920	350	39	18	0	900	610	94	2	39	40
Basic Fruited German Pancake Combo (includes eggs)	830	280	31	10	0	865	520	94	2	38	40
Choice of Topping:											
Northwest Triple Berry - 4oz	110	0	0	0	0	0	10	28	3	23	1
Strawberry Compote - 4oz	130	0	0	0	0	0	10	33	2	29	0
Maple Caramel Apple Compote - 8oz	410	10	1	0	0	5	340	98	3	69	1
Lingonberry Butter - 1.5oz	150	105	10.5	7.5	0	30	90	12	0	12	0
Choice of:											
Daily's Smokehouse Bacon (3 slices)	160	100	12	4.5	0	15	1000	0	0	0	13

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Honey-Cured Ham	130	40	4.5	1	0	50	1380	4	0	6	18
Sausage Patty	200	165	18.5	6.5	0	37.5	400	1	0	1	7
Zenner's Country Pork Sausage Links	240	180	20	6	0	55	610	0	0	0	13
Zenner's Chicken Apple Sausage	190	120	14	4	0	110	780	4	1	2	15
Zenner's German Sausage	240	110	13	0.5	0	65	1280	7	1	4	21
Pioneer Style Favorites											
Hungry Rancher Breakfast (served with Biscuit)	1120	710	79	31	0.05	695	3610	40	1	10	60
Chicken Fried Steak and Eggs (served with Biscuit)	1170	670	74	30	0.05	480	2760	78	3	8	43
Oregon Trail Steak & Eggs (served with Biscuit)	1050	650	72	34	1	580	1560	37	1	3	61
Breakfast Sandwich	810	450	50	18	1	425	1600	47	2	3	40
Above entrees served with a choice of:											
Northwest Hash Browns	410	250	28	5	1	0	320	34	4	0	4
Fresh Seasonal Fruit-Bananas, Grapes, Cantaloupe	70	5	0	0	0	0	15	19	2	14	1
Fresh Seasonal Fruit-Bananas, Grapes, Honeydew Melon	80	0	0	0	0	0	15	20	2	15	1
Fresh Seasonal Fruit-Bananas, Grapes, Pineapple	90	0	0	0	0	0	0	23	2	16	1
Country Biscuit Breakfast	1120	680	76	22	1.5	400	1900	79	5	8	28
Choice of:											
Daily's Smokehouse Bacon (3 slices)	160	100	12	4.5	0	15	1000	0	0	0	13
Honey-Cured Ham	130	40	4.5	1	0	50	1380	4	0	6	18
Sausage Patty	200	165	18.5	6.5	0	37.5	400	1	0	1	7
Zenner's Country Pork Sausage Links	240	180	20	6	0	55	610	0	0	0	13
Zenner's Chicken Apple Sausage	190	120	14	4	0	110	780	4	1	2	15
Zenner's German Sausage	240	110	13	0.5	0	65	1280	7	1	4	21
Bacon & Tillamook Potato Cakes and Eggs	1440	1040	116	36	2.5	495	3230	40	4	7	60
Snoqualmie Falls Oatmeal - Classic	710	190	21	11	0	40	160	111	10	33	17
Snoqualmie Falls Oatmeal - Fruit	660	190	21	11	0	40	150	98	12	14	18
Snoqualmie Falls Oatmeal - Harvest	810	230	25	11	0	40	160	125	13	41	19
Pancakes & French Toast Combos											
Northwest Blueberry Pancakes (4 cakes)	930	330	36	14	0	175	2050	130	5	54	21
Yukon French Toast (3 slices)	930	460	52	15	1	270	1000	91	3	23	21
Classic Buttermilk Pancakes (4 cakes)	820	320	36	14	0	175	2050	102	2	31	20
Basic Fruit Pancake Combo	1000	370	41	12	0	530	2110	124	3	49	33
Choice of Topping:											
Northwest Triple Berry - 4oz	110	0	0	0	0	0	10	28	3	23	1
Strawberry Compote - 4oz	130	0	0	0	0	0	10	33	2	29	0
Maple Caramel Apple Compote - 8oz	410	10	1	0	0	5	340	98	3	69	1
Basic Fruit French Toast Combo	1060	510	57	14	1	625	1060	98	3	28	34
Cinnamon Swirl French Toast (2 slices) Combo	1230	560	63	22	1	190	600	127	4	68	16
Served with Two Farm-Fresh Eggs	150	92	10	3	0	372	143	1	0	0	13
Choice of Syrup:											
Elmer's Pancake Syrup	210	0	0	0	0	0	25	52	0	28	0
Oregon Marionberry Syrup	190	0	0	0	0	0	15	48	0	26	0
Choice of:											
Daily's Smokehouse Bacon (3 slices)	160	100	12	4.5	0	15	1000	0	0	0	13
Honey-Cured Ham	130	40	4.5	1	0	50	1380	4	0	6	18
Sausage Patty	200	165	18.5	6.5	0	37.5	400	1	0	1	7
Zenner's Country Pork Sausage Links	240	180	20	6	0	55	610	0	0	0	13
Zenner's Chicken Apple Sausage	190	120	14	4	0	110	780	4	1	2	15
Zenner's German Sausage	240	110	13	0.5	0	65	1280	7	1	4	21
Crepes & Waffles											
Classic Waffle	290	170	19	12	0	95	460	23	0	1	4
Choice of Syrup:											
Elmer's Pancake Syrup	210	0	0	0	0	0	25	52	0	28	0
Oregon Marionberry Syrup	190	0	0	0	0	0	15	48	0	26	0

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Basic Fruited Waffle	470	220	24	11	0	450	520	44	1	19	17
Choice of Topping:											
Northwest Triple Berry - 4oz	110	0	0	0	0	0	10	28	3	23	1
Strawberry Compote - 4oz	130	0	0	0	0	0	10	33	2	29	0
Maple Caramel Apple Compote - 6oz	410	10	1	0	0	5	340	98	3	69	1
Lingonberry Crepes	690	370	42	15	0.5	225	1030	63	2	30	16
Triple-berry Crepes	750	310	34	14	1	190	800	98	5	67	14
Strawberry Crepes	780	300	34	14	1	190	810	107	4	76	13
Maple-Caramel Apple Crepes	1000	310	35	14	1	200	1130	154	5	101	14
Combo Options - Eggs and Meat:											
Served with Two Farm-Fresh Eggs	150	92	10	3	0	372	143	1	0	0	13
Daily's Smokehouse Bacon	160	100	12	4.5	0	15	1000	0	0	0	13
Honey-Cured Ham	130	40	4.5	1	0	50	1380	4	0	6	18
Sausage Patty	200	165	18.5	6.5	0	37.5	400	1	0	1	7
Zenner's Country Pork Sausage Links	240	180	20	6	0	55	610	0	0	0	13
Zenner's Chicken Apple Sausage	190	120	14	4	0	110	780	4	1	2	15
Zenner's German Sausage	240	110	13	0.5	0	65	1280	7	1	4	21
Bountiful Benedicts											
Classic Eggs Benedict	620	350	39	11	0.5	425	1490	30	1	4	33
Classic -Lighter Fare	310	180	20	5	0	215	750	15	1	2	16
Country Benedict	1120	770	85	31	0.5	520	2400	48	1	9	40
Country Benedict - Lighter Fare	560	390	43	16	0	160	1200	24	1	5	20
Avocado Benedict	640	410	46	11	0.5	385	600	38	7	5	20
Avocado Benedict - Lighter Fare	320	200	23	5	0	195	300	19	3	3	10
Dungeness Crab Benedict	700	400	45	12	0.5	440	1480	32	2	5	40
Dungeness Crab Benedict - Lighter Fare	350	200	23	6	0	220	740	16	1	2	20
Above Benedicts served with a choice of:											
Northwest Hash Browns	410	250	28	5	1	0	320	34	4	0	4
Fresh Seasonal Fruit-Bananas, Grapes, Cantaloupe	70	5	0	0	0	0	15	19	2	14	1
Fresh Seasonal Fruit-Bananas, Grapes, Honeydew Melon	80	0	0	0	0	0	15	20	2	15	1
Fresh Seasonal Fruit-Bananas, Grapes, Pineapple	90	0	0	0	0	0	0	23	2	16	1
Cascade Skillet											
Saturday Market Skillet (served with Biscuit)	1390	820	92	39	1.5	560	3040	79	6	9	57
Country Cousin Skillet (served with Biscuit)	1700	1020	114	45	2	565	3120	108	7	11	58
Northwest Garden Skillet (served with Biscuit)	1370	870	97	39	2	505	1790	79	8	8	41
Side Orders											
Buttermilk Biscuits & Country Gravy - Two	880	440	48	24	0	55	2890	89	2	15	23
Buttermilk Biscuits & Country Gravy - One	440	220	24	12	0	30	1450	44	1	8	11
Famous Buttermilk Pancakes - Four	820	320	36	14	0	175	2050	102	2	31	20
Famous Buttermilk Pancakes - Two	460	210	23	11	0	105	1070	51	1	15	10
Blueberry Pancakes - Four	930	330	36	14	0	175	2050	130	5	54	21
Blueberry Pancakes - Two	550	210	24	11	0	105	1070	72	3	34	10
French Toast - Three	930	460	52	15	1	270	1000	91	3	23	21
French Toast - Two	670	340	38	13	0	190	700	65	2	20	14
Triple-berry Fruit Crepes - Two	750	310	34	14	1	190	800	98	5	67	14
Triple-berry Fruit Crepes - One	450	180	20	8	0	105	410	60	3	43	7
Strawberry Fruit Crepes - Two	780	300	34	14	1	190	810	107	5	76	13
Strawberry Fruit Crepes - One	470	180	20	8	0	105	410	66	2	49	7
Maple Apple Fruit Crepes - Two	1000	310	35	14	1	200	1130	154	5	101	14
Maple Apple Fruit Crepes - One	610	180	21	9	0	105	630	98	3	65	7
Cinnamon Swirl French Toast (2 slices)	1230	560	63	22	1	190	600	127	4	68	16
Classic Waffle	290	170	19	12	0	95	460	23	0	1	4
Freshly-Baked Buttermilk Biscuit	400	230	25	15	0	40	950	35	1	3	6
English Muffin	150	25	3	0	0	0	270	25	1	1	4
Sourdough Toast	220	50	6	1	0	0	390	34	2	2	6
Breakfast Meats - Bacon	160	100	12	4.5	0	15	1000	0	0	0	13

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Breakfast Meats- Honey-Cured Ham	130	40	4.5	1	0	50	1380	4	0	6	18
Breakfast Meats - Sausage Patty	200	165	18.5	6.5	0	37.5	400	1	0	1	7
Breakfast Meats - Zenner's Country Pork Sausage Links	240	180	20	6	0	55	610	0	0	0	13
Breakfast Meats - Zenner's Chicken Apple Sausage	190	120	14	4	0	110	780	4	1	2	15
Breakfast Meats - Zenner's German Sausage	240	110	13	0.5	0	65	1280	7	1	4	21
Fresh Seasonal Fruit Bowl											
Mountain High Sandwiches											
The Cascade Club	1020	500	55	17	0	135	3070	73	4	9	52
Garden Fresh Sandwich	610	320	36	12	0	235	1100	45	6	7	27
Chicken Bacon & Avocado	1240	630	70	21	0	185	2200	77	8	5	67
Smokehouse BLTA	900	460	52	10	0	55	2150	77	8	6	27
Roasted Turkey Sandwich	830	300	33	5	0	80	1770	92	5	25	34
Prime Rib Dip	780	310	34	14	2	120	1980	65	2	2	51
Prime Rib Dip with Cheese and Onions	1110	560	62	26	3	160	2230	73	3	6	63
Above Sandwiches are served with a choice of:											
Endless Northwest Fries - One Serving	350	130	14	3	0	0	670	49	4	0	6
Cottage Cheese	110	40	4.5	3	0	25	420	5	0	4	14
Creamy Coleslaw	140	90	10	1.5	0	10	135	12	2	8	1
Pick N' Pair											
Pick											
Half Turkey Sandwich	420	150	16	2.5	0	40	880	46	2	12	17
Half Ham Sandwich	370	150	17	2.5	0	45	1270	37	2	6	16
Half BLTA Sandwich	440	230	26	4.5	0	25	910	39	5	3	12
Half Garden Fresh Sandwich	390	220	25	7	0	215	580	25	5	4	17
Pair											
Cup of Ivar's Clam Chowder	300	160	18	9	0	5	540	29	1	1	5
Cup of Seasonal Soup (Turkey Noodle Shown)	160	50	6	2	0	25	910	18	1	2	8
Fresh Garden Salad	60	20	2	0	0	0	190	9	1	1	2
Endless Northwest Fries - One Serving	350	130	14	3	0	0	670	49	4	0	6
Grilled Sandwiches											
Reuben	990	540	60	17	0	170	3330	49	5	5	57
Patty Melt	950	560	63	21	2	145	1690	45	3	7	51
Grilled Smokehouse Bacon, Tillamook Cheddar & Tomato	670	360	40	14	1	55	1460	50	3	5	28
Grilled Avocado, Tillamook Swiss Cheese & Tomato	720	390	44	14	0	55	670	57	8	5	28
Above Sandwiches are served with a choice of:											
Endless Northwest Fries - One Serving	350	130	14	3	0	0	670	49	4	0	6
Cottage Cheese	110	40	4.5	3	0	25	420	5	0	4	14
Creamy Coleslaw	140	90	10	1.5	0	10	135	12	2	8	1
Dockside Baskets											
Beer-Batter Fish & Chips	1040	520	58	10	0	125	1930	87	8	14	43
Golden Chicken Strips & Chips	1490	730	82	15	0	130	3960	139	11	10	51
Butterflied Shrimp & Chips	900	390	43	8	0	85	2320	108	8	18	21
Seafood Feast & Chips	1290	640	71	13	0	160	2690	113	9	19	51
Above items are served with Endless Northwest Fries and Coleslaw											
Endless Northwest Fries - One Serving	350	130	14	3	0	0	670	49	4	0	6
Creamy Coleslaw	140	90	10	1.5	0	10	135	12	2	8	1
High Country Burgers											
Bacon Cheeseburger with Tillamook Cheddar	1060	590	65	20	2	165	1880	46	3	9	52
Bacon Cheeseburger with Tillamook Cheddar - Lighter Serving	670	360	40	13	1.5	110	1370	38	2	7	36
Ranchhouse Burger	1070	500	56	17	2	145	1710	80	4	22	46
Ranchhouse Burger - Lighter Serving	670	320	35	12	1.5	100	1150	54	2	13	33
Cheeseburger with Tillamook Cheddar	960	520	58	17	2	155	2330	49	4	9	44
Cheeseburger with Tillamook Cheddar-Lighter Serving	610	320	36	12	1.5	105	1040	38	2	7	32
Mushroom Onion Burger	1120	650	72	20	2	165	1100	53	5	22	48
Mushroom Onion Burger-Lighter Serving	710	390	44	14	1	110	750	41	2	8	36
Bacon Avocado Burger	1080	610	67	20	1.5	165	2050	46	6	6	54
Bacon Avocado Burger-Lighter Serving	700	390	43	14	1	105	1290	39	4	6	38
Garden Veggie Burger	630	300	34	8	0	30	1320	52	6	7	30
Above Burgers are served with a choice of:											
Endless Northwest Fries - One Serving	350	130	14	3	0	0	670	49	4	0	6

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Cottage Cheese	110	40	4.5	3	0	25	420	5	0	4	14
Creamy Coleslaw	140	90	10	1.5	0	10	135	12	2	8	1
Adventures in Appetizers											
BBQ Chicken Quesadilla	1090	550	61	33	1.5	180	2900	74	2	30	63
Sampler Platter	1910	980	109	38	2	175	3330	172	9	23	61
Sweet Onion Rings	970	550	62	11	0	25	1410	91	4	9	13
Zucchini Logs	1360	660	73	14	0	30	2010	150	8	23	27
Cheese Quesadilla	770	440	49	29	1.5	130	1360	47	2	5	39
Deep Fried Shrimp	410	170	18	3.5	0	75	1520	48	3	10	14
Farmer's Market Salads											
Organic Greens with Smoked-Grilled Chicken	800	470	53	16	0	115	890	50	6	36	35
Organic Greens with Smoked-Grilled Chicken-Lighter Serving	640	370	42	14	0	80	710	48	5	35	22
Mesquite-Grilled Tortilla Salad	1000	470	52	12	0	0	1340	87	11	14	45
Mesquite-Grilled Tortilla Salad-Lighter Serving	560	280	31	7	0	55	880	47	6	9	23
Northwest Cobb Salad	570	320	36	11	0	285	1510	19	9	5	45
Northwest Cobb Salad-Lighter Serving	320	180	20	6	0	240	780	11	5	3	26
Yellow Bowl Salad	100	25	3	0	0	0	250	16	2	2	4
Grilled Chicken Caesar	940	580	65	18	0	140	1810	40	2	6	47
Grilled Chicken Caesar-Lighter Serving	630	410	45	12	0	80	1260	27	2	4	28
Dungeness Crab BLT Salad	470	270	30	7	0	265	1570	19	9	5	38
Dungeness Crab BLT Salad-Lighter Serving	290	160	17	4	0	240	870	11	5	3	26
Dressings											
Blue Cheese Dressing - 2oz	370	350	39	7	0	30	420	2	0	2	2
Honey Mustard Dressing - 2oz	260	210	23	3.5	0	25	350	13	0	12	1
Ranch Dressing - 2oz	210	190	21	3.5	0	20	530	2	0	1	1
Thousand Island Dressing - 2oz	250	210	24	3.5	0	15	480	10	0	6	0
Vinaigrette - 2oz	360	350	41	6	0	0	180	2	0	1	0
Northwest Kettle Soups											
Ivar's Clam Chowder - Bowl	590	320	36	19	0	5	1070	58	1	1	11
Seasonal Soup (Turkey Noodle) - Bowl	320	100	11	4.5	0	50	1810	35	3	4	16
Ivar's Clam Chowder - Cup	300	160	18	9	0	5	540	29	1	1	5
Seasonal Soup (Turkey Noodle) - Cup	160	50	6	2	0	25	910	18	1	2	8
Soup & Salad											
Ivar's Clam Chowder - Bowl	590	320	36	19	0	5	1070	58	1	1	11
Seasonal Soup (Turkey Noodle) - Bowl	320	100	11	4.5	0	50	1810	35	3	4	16
Yellow Bowl Salad	100	25	3	0	0	0	250	16	2	2	4
Rancher's Prime Rib											
Rock Salt Roasted Prime Rib-12oz w/Mashed Potatoes & Gravy	1680	1020	114	53	6	365	3210	65	10	10	103
Rock Salt Roasted Prime Rib-12oz w/Baked Potato	1810	1030	114	55	5	375	2290	91	14	12	106
Rock Salt Roasted Prime Rib-12oz - No Sides	1230	770	86	37	5	300	1720	20	1	3	96
Rock Salt Roasted Prime Rib-9oz w/Mashed Potatoes & Gravy	1420	850	95	45	4.5	290	2880	65	10	9	80
Rock Salt Roasted Prime Rib-9oz w/Baked Potato	1540	860	95	47	4	305	1960	91	14	12	83
Rock Salt Roasted Prime Rib-9oz - No Sides	970	600	67	29	4	225	1390	20	1	3	72
Pike Place Seafood											
Hazelnut-Crusted Alaskan Cod	920	480	54	18	0	145	2040	78	8	13	33
Hazelnut-Crusted Alaskan Cod-Lighter Serving	880	480	53	18	0	125	1890	78	8	13	25
Wild Pacific Salmon with Classic Hollandaise	840	430	48	19	0	160	1390	57	6	8	44
Fireside Favorites											
Pioneer Chicken Fried Steak	1090	610	67	29	1	145	3030	88	10	13	34
Pioneer Chicken Fried Steak-Lighter Serving	880	490	55	24	1	120	2750	70	9	13	27
Oregon Trail Flat Iron Steak w/Mashed Potatoes & Gravy	1150	700	79	34	1.5	235	2120	62	10	8	51
Oregon Trail Flat Iron Steak w/Baked Potato	1270	710	79	36	1	250	1190	88	13	11	54
Chuckwagon Slow-Roasted Pot Roast	990	510	57	27	0	180	4060	77	11	12	42
Chuckwagon Slow-Roasted Pot Roast- Lighter Serving	550	290	32	16	0	95	2220	44	8	8	22
Roasted Turkey Breast Dinner	990	430	48	25	0	160	3390	92	11	29	44
Roasted Turkey Breast Dinner- Lighter Serving	760	410	45	25	0	130	2450	61	9	17	25
<i>Above items are served with a choice of Soup or a Yellow Bowl Dinner Salad. Baked Potatoes are optional</i>											

Item Name	Total Calories	Fat Calories	Total Fat	Sat Fat (g)	Trans Fat (g)	Cholesterol	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars(g)	Protein (g)
Honored Guest & Lighter Fare											
Breakfast Favorites											
Chicken Fried Steak and Egg	960	550	61	27	0	280	2380	69	2	8	31
Half Acre Ranch Breakfast	480	280	31	17	0	225	1020	36	1	3	12
Breakfast Sandwich	810	450	50	18	1	425	1600	47	2	3	40
Classic Ham and Tillamook Cheddar Omelet	870	520	58	32	1	540	2130	40	1	5	44
Lunch & Dinner Favorites											
Beer-Batter Fish & Chips	920	480	53	9	0	95	1700	81	7	14	31
Bacon Cheeseburger with Tillamook Cheddar	670	360	40	13	1.5	110	1370	38	2	7	36
Cheeseburger with Tillamook Cheddar	610	320	36	12	1.5	105	1040	38	2	7	32
Fireside Favorites											
Pioneer Chicken Fried Steak	880	490	55	24	1	120	2750	70	9	13	27
Hazelnut Crusted Wild Alaskan Cod	880	480	54	18	0	125	1897	78	8	13	25
Roasted Turkey Breast	760	410	45	25	0	130	2450	61	9	17	25
Chuckwagon Slow Roasted Pot Roast	550	290	32	16	0	95	2220	44	8	8	22